

	Room 5	Room 2 & 3	Room 4	Room z
9:00 - 10:00 AM	<p>Developing a Creative and Achievable Facility Master Plan (.1 CEU) <i>Daniel Atilano, FGM Architects</i></p> <p>A facility master plan provides a roadmap that shows how an agency can get to where they want to go. It's a dynamic, long-term planning document that provides a conceptual layout to guide growth and development. It's making a connection between buildings, public outdoor spaces, parking, and the surrounding environment.</p>	<p>Level Up: Empowering Growth through In-Service Game (.1 CEU) <i>Shannon Smallwood, City of Wentzville</i> <i>Kayla Moon, City of St. Peters</i> <i>Missy Hollander, City of St. Charles</i></p> <p>Join us for an interactive session where aquatics professionals come together to improve in-service training and introduce new ideas. Engage in open discussions, share best practices, and explore innovative approaches to enhance your aquatic facility. Don't miss this opportunity to connect with like-minded professionals and shape the future of aquatics training and innovation.</p>	<p>Recognizing and Responding to Challenging Behaviors (.1 CEU) <i>Dr. Kevin Mable, Crisis Prevention Institute</i></p> <p>Are you seeking a way to train your team to recognize and respond to challenging behaviors in a professional way? In this session, we will engage in activities that will enhance your ability to de-escalate behaviors caused by anxiety or defensiveness.</p>	<p>Parks Resources Round Table <i>Facilitated by Joseph Seastrom</i></p> <p>Join us for an engaging and insightful discussion dedicated to the preservation, conservation, and sustainable management of our park resources. We will explore best practices, share perspectives, and collaborate for solutions with like-minded professionals. This round table will be an interactive discussion with Q&A and networking opportunities. No CEU's available.</p>
10:20 - 11:20 AM	<p>Dealing with Vandalism in your Park System (.1 CEU) <i>Gabe Huffington, Columbia Parks & Recreation</i></p> <p>This session will discuss the different types of vandalism that can occur in a park system and why individuals think parks and recreation facilities are an easy target! Vandalism is occurring more frequently, and this session will include different examples of successful strategies that may help reduce the time and resources spent on this issue.</p>	<p>Lessons From the Dark Side (.1 CEU) <i>Stevie Weeks, City of O'Fallon</i> <i>Kirsten Barnes, HydroApps</i></p> <p>Recreation professionals sometimes sneer at the sales-driven world of private recreation, and those in private recreation occasionally look at parks and recreation as their distant (and somewhat homely) cousins. After a brief hiatus from public recreation to work for a publicly-traded fitness company, it was clear that the two industries could learn a lot from one another. Take a journey with us as we explore how the lessons learned in the private fitness industry can make our programs stronger, help us position ourselves better in the community and guide us in creating the best experiences.</p>	<p>Building A Dream Team: Effective Intern Recruitment in Municipal Recreation (.1 CEU) <i>Jeff Nix, Illinois State University</i></p> <p>Are you struggling to recruit interns? This session delves into practical strategies for enhancing your intern recruitment process. Learn how to attract and select interns who can contribute positively to your municipal recreation team. Whether you're a seasoned pro or just starting out, you'll gain valuable insights to refine your recruitment approach.</p>	<p>Programming Roundtable <i>Facilitated by Katelyn Haniford</i></p> <p>From Summer Camps to Silver Sneakers, this session will foster collaboration, idea exchange, and problem-solving to improve the future of recreational activities and community engagement. Join others from around the region for discussion, Q&A, and networking. No CEU's available.</p>

11:30 AM - 1:00 PM Lunch & Region Meeting

1:00 - 2:00 PM	<p>How an IPM Program Can Help Make You More Efficient (.1 CEU) <i>Brian Winka, Advanced Turf Solutions</i></p> <p>Implement an integrated pest management (IPM) program to manage pests and diseases in a safe and effective way. IPM programs combine a variety of methods, including cultural practices, to reduce pest populations below damaging levels. Find ways to make your programs more efficient in the face of limited budgets and labor.</p>	<p>The Mental Side of Sports-Recruitment, Retention & Development (.1 CEU) <i>Karen Swanner, The Officials Mind</i></p> <p>This session looks at building confidence, motivation, communication, goal setting, and stress management as it relates to the development of players, coaches, and officials. Building a solid foundation for both mental and physical performance, including diversity considerations, attendees will learn how mental fitness is a key component to recruitment, retention, development, and success. In addition, several key mental performance tools integrated with fun activities (i.e. team building, confidence, and motivation) will also be introduced.</p>	<p>Managing Up and Leading Down (.1 CEU) <i>Gabe Huffington, Columbia Parks & Recreation</i></p> <p>The transition from peer to leader can be a daunting task! This session will provide valuable information to help you navigate a new promotion including preparing for your new role, leading your former peers and "managing up" with your new supervisor.</p>	<p>Directors Roundtable <i>Facilitated by Dave Musgrave</i></p> <p>This session is designed to provide a platform for directors, executives, and decision-makers to discuss the latest trends, challenges, and strategies in parks and recreation leadership. This Directors Round Table is your opportunity to gain valuable insights, exchange ideas, and build a network of like-minded professionals committed to driving positive change and success in the parks and recreation world. No CEU's available.</p>
2:20 - 3:20 PM	<p>Concrete Overlays of Deteriorated Asphalt Parking Lots (.1 CEU) <i>Jesse Jonas, Concrete Council STL</i></p> <p>Do you have asphalt parking lots that have badly deteriorated? There is a solution that provides a bright, safe, durable, and sustainable parking lot with a 20-30 year life - a Concrete Overlay ("whitetopping"). Nearly 50 public agency parking lots in the region have been "replaced" with Concrete overlays, and the maintenance savings over the life of the new surface is often more than the entire initial cost, with a much more pleasant welcome to visitors and a pleasant cost savings for taxpayers.</p>	<p>Collaborate & Engage: Strategies for Team Conversation (.1 CEU) <i>Dr. Kevin Mable, Crisis Prevention Institute</i></p> <p>Are you seeking a way to have productive conversation with your team that is more warmly collaborative than simply congenial? This session will explore protocols to engage your team in productive conversation and to enhance your future meetings!</p>	<p>Making your Programs, Parks, & Special Events "Fetch" (.1 CEU) <i>Joseph Seastrom, Ferguson Parks & Recreation</i></p> <p>Want to take your programs, parks, and special events above and beyond by developing an individual identity for each one? Learn creative techniques for branding your programs from early stages of programming to implementation and beyond. Also learn some out-of-the-box marketing tactics to make your programs "extra."</p>	<p>Canada Goose Management Strategies for Long Term Success (.1 CEU) <i>Dan Durbin, USDA Wildlife Services</i></p> <p>We will cover all the tools and management strategies for long term success, what steps to take based on the time of year, and how to apply for permits to conduct your own geese work. We will also look at effects active management in geese populations in STL.</p>

3:30 - 5:00 PM: Join us for a networking social. Beverages and snacks will be provided.